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NEWS RELEASE

FIELD OF FITNESS CHOOSES CHASE

Field of Fitness, Guildford's only personal training studio and injury clinic in Chapel Street, has chosen to support CHASE hospice care for children, as its charity into the future.

Directors Jon Field and Dan Oliver have lots of ideas which will combine the services they provide, with raising vital funds for the children's hospice charity.

Jon said: "At Field of Fitness we are pleased to announce that we have chosen CHASE as our charity to support into the future. We wanted to link in with CHASE to not only give something back to the community but to also help promote and raise a better awareness of the importance of an active and healthy lifestyle.

"We are proud to be associated with such a great local charity and are exploring lots of different ways we can help. Field of Fitness will be the fitness experts for the charity, by donating free sessions for charity raffles, free fitness programmes, provide organised warm ups before running events, in house sports therapy and specialist advice and training for those more extreme challenges."

In addition, Jon explains that Field of Fitness will be running several small charity events of its own with aims to raise as much money as possible for CHASE in the coming years.

CHASE fundraising manager Melanie Hill said: "It is great news to hear that Jon and Dan at Field of Fitness are taking such a pro-active approach to fundraising for CHASE and we very much appreciate their support. CHASE needs to raise £4 million every year so this help from Field of Fitness will make a big difference towards this.

"2010 remains uncertain for CHASE, as demands on our services increase and the economic climate shows no immediate signs of recovery. We need the ongoing support of the public so we can continue to offer our vital service to local families who need our help."

Notes to editors:

Field of Fitness provide an inclusive, functional Personal Training Studio and Injury Clinic in an exclusive, un-intimidating environment in the heart of Guildford, utilising highly trained fitness professionals delivering maximum results in the minimum of time. <http://www.fieldoffitness.com/>

CHASE is a children's hospice service which provides a network of care to families with life-limited children and young people in South West London, Surrey and Sussex. CHASE focuses on support for the whole family at home and in their communities. Families are also welcomed and supported at our children's hospice, called Christopher's. With little statutory funding CHASE has to raise £4 million every year to ensure this vital service continues.

CHASE website: www.chasecare.org.uk For further press information please contact: **Christine Naphine**: PR and Communications Manager Tel: 01483 447761. Email: christine.naphine@chasecare.org